

# KIDZ ROCK ONLINE



*Forgiveness is up to you*

AT HOME ACTIVITIES



## TODAY'S HOPE IN THE HOME FAMILY ACTIVITY

**HEY FAMILIES!**

We have some fun activities for you to do together. As you heard in today's Bible story "When you don't forgive, you miss out". Keep that in mind as you go through one or both activities!

**PRAY TOGETHER**

"Dear God, thank You so much for forgiving us no matter what and teaching us to forgive others. We love You so much. Amen!"

"This week, remember when you don't forgive, you miss out."

*Put up with one another.  
Forgive one another if you  
are holding something  
against someone. Forgive,  
just as the Lord forgave you.*

*Colossians 3:13, NIV*

**If your family is in  
need of anything,  
please feel free to  
message us!**



## ACTIVITY 1: Party Time!

### WHAT YOU NEED:

- Large piece of paper
- A stapler, glue, or tape
- Markers, crayons, and decorative stickers (optional)
- Two pieces of string or ribbon

### WHAT YOU DO:

Instructions with pictures are also attached below.

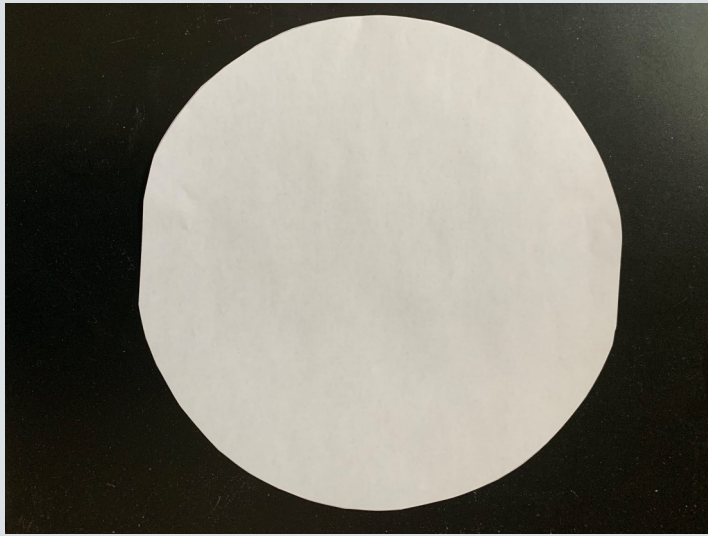
- Cut the piece of paper into a large circle
- Cut a narrow triangle from the outside to the middle
- Fold the paper to form a cone by overlapping the cut corners, i.e. the two bottom edges of the triangle
- Overlap as far as you desire the fit to be, and tape it
- Attach ribbons or string to the bottom to act as straps
- Decorate to your hearts' content!

### WHAT YOU SAY:

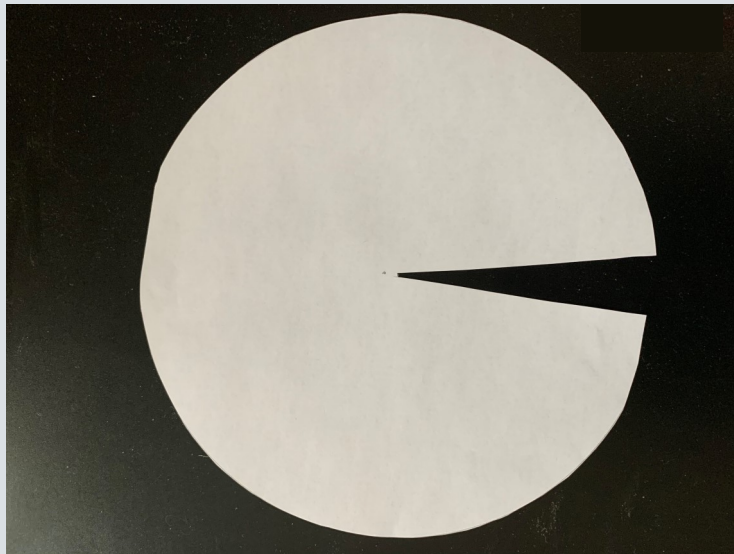
These hats are a good reminder that when you don't forgive, you miss out. But forgiving someone when we've been hurt—even when the other person is sorry—is still hard. Let's pray and ask God to help us forgive so we don't miss out this week.

# INSTRUCTIONS

STEP 1



STEP 2



STEP 3





## ACTIVITY 2: Memory Verse Relay

### WHAT YOU NEED:

- Memory Verse cards template (attached), printed or written on a piece of paper
- Music

### WHAT YOU DO:

- Cut the memory verse cards along the dotted lines
- Shuffle them and arrange them in a stack
- Look up Colossians 3:13 and say the verse a few times
- Keep the stack on one side of the room and ask the child(ren) to stand on the other side
- The goal is for the child(ren) to transport the pieces of paper from the other side of the room to their side, but only one at a time. (You can add challenges like 'No hands')
- Once they have all the pieces, they need to arrange it in the right order. They need to do all this before the song is done.
- Play the song to start the relay!

### WHAT YOU SAY:

***"Say the verse with me. Put up with one another. Forgive one another if you are holding something against someone. Forgive just as the Lord forgave you, Colossians 3:13. When things happen that we don't like, we need to forgive. Because when you don't forgive, you miss out."***

**PUT UP WITH  
ONE  
ANOTHER**

**FORGIVE ONE  
ANOTHER IF  
YOU ARE**

**HOLDING  
SOMETHING  
AGAINST  
SOMEONE**

**FORGIVE,  
JUST AS**

**THE LORD  
FORGAVE  
YOU**

**Colossians  
3:13  
(NirV)**



## ACTIVITY 3: Bible Story Review

### WHAT YOU NEED:

- Wrapped candy and cotton balls

### WHAT YOU DO:

- **Place** a wrapped piece of candy in front of each kid and **give** each kid a cotton ball.
- **Give** kids time to think of something they may be holding against someone. Maybe someone treated them unkindly or unfairly. Or prompt kids to think about how the older brother was holding onto his anger.
- **Explain** that the cotton ball represents something you're holding against someone.
- **Tell** kids hold on to the cotton ball with both hands and squeeze as tightly as they can.
- While squeezing the cotton ball with both hands, **challenge** kids to unwrap the candy using only their hands.

**Tell** kids to open their hands so the cotton ball is resting on their palms.

“Just like you cannot grab onto the candy while focusing on squeezing the cotton ball, when you are holding on to grudges and focusing on how you may have been wronged, you could miss out on a lot. (e.g. friendships, good times with others, joy, a party [like the older brother missed out on], etc.)”

# MEMORY VERSE

Put up with one another.  
Forgive one another if you  
are holding something  
against someone. Forgive,  
just as the Lord forgave you.

Colossians 3:13, NIV

You can print this to put on your fridge or wall to serve as a reminder during your week!