

[PSALM 23](#) (NIV)

¹ *The Lord is my shepherd, I lack nothing.*
² *He makes me lie down in green pastures,
he leads me beside quiet waters,
³ he refreshes my soul.*
*He guides me along the right paths
for his name's sake.*
⁴ *Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.*
⁵ *You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.*
⁶ *Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the Lord
forever.*

1. Take a break to refocus on God.

2. Stand before God in Christ.

You can receive regardless of circumstances.

3. Speak it out.

4. Say it back to God.

For the rest of the week, acknowledge it is from Him and proclaim it.

5. Accept and receive it by thanking Him for it.

6. Reclaim what belongs to Christ in me.

7. Take possession...