



First, watch
this week's
video!

Use this guide to help your family learn about faith.

Activity

Guess the Helper

What You Need:

No supplies needed

What You Do:

Invite your child to do an activity with you. Say, "I'll describe some people in our lives who help us. I'll give you a few clues, then you can try to guess the helper. Ready?"

Give the following clues:

- I work at a special place. You can find this place in your school or in town. It's a place with many books. Who am I? (*Librarian*)
- I wear special clothes that help keep me safe. You might see me wear a helmet, a special coat, and boots. You see me at accidents and fires. Who am I? (*Firefighter*)
- I often wear a vest or gloves so people can see me better. I help keep people and cars safe. You might see me where two roads come together. Who am I? (*Crossing guard*)
- I help keep animals healthy. I treat sick pets and give them medicine. Who am I? (*Veterinarian*)
- I help sick people get better. I listen to your heartbeat with a stethoscope. Who am I? (*Doctor*)
- I help you get around town. Sit down or hold on because the ride can be bumpy. Who am I? (*Bus driver*)
- You see me at the pool or at the beach. I help keep you safe. Who am I? (*Lifeguard*)

When you're finished, say, "Great job! There are SO many people who help us every day! There was also a helper in our story today. Do you remember his name?" (*Ananias*)

Talk About the Bible Story

Why was Ananias scared of Saul?
(Because he had heard that Saul was trying to stop the Jesus-followers)

What did Jesus tell Ananias to do? (To place his hands on Saul so Saul could see again)

How did Ananias help Saul? (He placed his hands on Saul. Then, something like scales fell from Saul's eyes and he could see again!)

What makes you afraid?

Do you believe that God can help you face your fears?

Parent: Talk about a time when God helped you face your fears. Try to think of a time when God helped you do what was right, even though it was scary.



Faith: Trusting in what you can't see because of what you can see

Memory Verse

"Faith is being sure of what we hope for. It is being sure of what we do not see"
Hebrews 11:1, NIV

Bible Story

Ananias Helps Paul
Acts 9:10-31

Bottom Line

God can help you face your fears.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for loving us more than we can ever imagine. Thank You for always being with us. You can help us when we're scared of the dark. You can help us when we're scared of storms. You can help us when we're scared because things in life are confusing or hard. Thank You, God, for helping us face our fears. We love You. Amen."