



First, watch
this week's
video!

Integrity:
Choosing to
be truthful in
whatever you
say and do

Memory Verse

"Anyone who lives
without blame walks
safely. But anyone
who takes a crooked
path will get caught."
Proverbs 10:9, NIV

Bible Story

Shadrach, Meshach,
and Abednego
Daniel 3

Key Question

When has
someone helped
you see God?

Use this guide to help your family learn how
God can help us live with integrity.

Activity

Verb-ing

What You Need:

Index cards, writing utensil

What You Do:

Write the following verbs on the index
cards (one word per card):

- Jump
- Hug
- Run
- Sniff
- Pet
- Punch
- Squat
- Blink

Then, mix up the cards. Say to your
child, "You'll draw a card and look at it
without letting me see it. Then, you'll act
out the word on the card. I'll try to guess
which action you're doing. Let's see how
quickly we can guess all of the words
correctly. Ready?"

Allow your child to act out each verb.
Guess the action . . . but feel free to wait
a few seconds before you guess so they
really have to act out each one!

When you're finished, say, "Great job
acting out those action words. You know,
our actions are important. They actually
show a lot about what we believe."

Talk About the Bible Story

Why did Shadrach, Meshach, and Abednego refuse
to bow down and worship the king's statue? *(They
knew that they should only worship God.)*

What did their actions show about what they
believed? *(Their actions showed that they believed
in and followed God.)*

Why is it important for us to stand up for what's
right? *(We can make a difference, AND others will
be able to see God working through us.)*

*Parent: Share about someone you know who lives
in a way that honors God and helps you see what
God is like.*

Prayer

Use this prayer as a guide, either after talking
about the Bible story or sometime before bed
tonight:

"Dear God, thank You for the people in the Bible who
help us see You. Thank You for the people in our life
today who also help us see You. We know that our
actions can show a lot about our relationship with
You. Please help us to honor You and live in a way
that helps people see the difference You've made
in our lives. We love You! Amen."